



Counseling Services for Children and Families at Lantern Lane Farm

Our counselors includes licensed, and pre-licensed therapists and masters- level interns (counseling students). All are dedicated to providing exceptional mental health services in Middle Tennessee and beyond.

Offering flexible options to meet your family's needs including onsite outdoor (weather permitting) and in-room counseling, as well as virtual/remote services.

Visit lanternlanefarm.org for a full list of excellent Therapists and Interns to help you reach your goals.

Come to Lantern Lane Farm, it's the place where healing happens.

To Learn More
Call 615.973.5454

Hours of Operation (by Appointment)



DAYS	HOURS
Monday	9am - 8pm
Tuesday	9am - 8pm
Wednesday	9am - 8pm
Thursday	9am - 8pm
Friday	9am - 8pm
Saturday	9am - 8pm
Sunday	Closed

We are a 501(c)3 non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

LanternLaneFarm.org
info@LanternLaneFarm.org



Counseling for Children & Families

6201 Corinth Rd | Mt Juliet, TN 37122
615.973.5454



Support for Parents & Families

We can help parents as they learn and apply skills to help their child feel calm and secure in the parent/child relationship. We support the improved management of child behaviors enabling parents to remain confident, consistent and calm in their approach to discipline.

We can partner with parents by providing proven strategies to help your child feel good about self, comply with directions, accept limits, respect house rules, and demonstrate appropriate behavior.

Our professional therapists using elements of LLF's farm setting (outside spaces, art, play, animals, music, sports, etc.) can help children learn, grow and recover.

Turn to us to supplement your family's social, emotional and behavioral support system; whether on-site or through virtual (remote) services, Lantern Lane Farm is here for you.

Lantern Lane Farm...
is a safe place Where Healing Happens!



Children's Counseling: 2 -17 yrs old

Lantern Lane Farm is a safe place where children can explore hard issues and learn to let their true selves shine! We walk along side children and families navigating transitions or difficult seasons.

We can help your family understand behaviors, symptoms and emotions they may be experiencing and learn how to change negative thought patterns and behaviors. We help children and youth learn how to cope more effectively with challenges, as they begin to look at things differently; to reduce their stress-based reactions. Together, we will learn the needs of the child and identify age appropriate strategies to improve their emotional strength, making way for new skills and habits for them as they mature.

We offer help in processing big and little trauma and managing overwhelming emotions and beliefs. Often dietary concerns or other troubling behaviors may be signals children and youth are trying to alleviate some emotional distress they are feeling.

LLF Counselors offer a variety of therapeutic approaches to help children and families, including:

- Parent/Child Interaction Therapy
- Trust Based Relational Intervention (PCIT / TBRI)
- Trauma & Attachment Therapy
- Parent Coaching / Training
- Classroom Observations
- Teacher Support / Strategizing
- Treatment of Autism Symptoms
- Divorce Care/Transitioning Support
- Play Therapy
- Sand-Tray Therapy
- Art Therapy
- Equine-Assisted Therapy



To learn more or to schedule an appointment call 615.973.5454.
Please mention this brochure when calling.