



Counseling Services in a Country-side Setting

Our staff includes licensed, and pre-licensed therapists and masters-level interns (counseling students). All are dedicated to providing exceptional mental health services for our community.

Offering flexible options to meet your needs including outdoor sessions, in-room counseling, and virtual/remote services.

Experiential therapies, such as incorporating art activities or horses into your sessions, can help you gain valuable insights into your healing.

Visit LanternLaneFarm.org for a full list of excellent **Therapists** and **Interns** to help you achieve your goals.

To learn more
Call 615.973.5454

Hours of Operation (by Appointment)



DAYS	HOURS
Monday	9am - 8pm
Tuesday	9am - 8pm
Wednesday	9am - 8pm
Thursday	9am - 8pm
Friday	9am - 8pm
Saturday	9am - 8pm
Sunday	Closed

We are a 501(c)3 non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

LanternLaneFarm.org
info@LanternLaneFarm.org



Community Counseling Center

6201 Corinth Rd | Mt Juliet, TN 37122
615.973.5454



Therapy on the Farm

We provide services and assistance in a safe place for individuals, couples, children, and families. We have 15+ private offices for counseling, including space for groups. We also offer outdoor spaces and remote/virtual counseling services.

Therapists utilize our farm for talk therapy as well as experiential therapy in a variety of ways, among these are Art Therapy, Play Therapy, and Equine Therapy. Our specialists offer a variety of connecting experiences, coupled with their training and expertise, in support of clients' healing and transformation.

Experiential activities such as walking in the field, playing a game of catch/frisbee, gardening, exercising, or guiding horses through obstacle courses-- can enhance your therapy sessions in support of healing.

At the farm we have a variety of animals to walk with you on your journey, including our Tennessee walking horses-- Dolly, Apostrophy, Lady or Buckie. Our miniature horses are Jet, Harley, Oreo and Shadow. We also have two donkeys (Donkey-Boy and Johnnie-Boy).

Please Note: We ask that you only approach the barn or fence when accompanied by a Therapist or Manager.

Experience therapy on our farm...and just breathe!



Yes, we can help you!

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|-----------------------|---------------------|
| Abuse/Neglect | Identity Issues |
| Addictions/Recovery | Impulse Control |
| Anger | Marriage/Couples |
| Anxiety/Depression | Parenting |
| Attachment | Postpartum |
| Atypical Eating | Relationship Issues |
| Behavioral Issues | Self Esteem |
| Divorce/Separation | Self-harm |
| Family Issues | Stress Management |
| Fears/Phobias | Trauma/PTSD |
| Guilt/Shame | Coaching |
| Grief/Loss | Life Balance |
| Individual Intensives | Couples Intensives |



Lantern Lane Farm is a 501(C)3 non-profit organization, your donations are tax-deductible.



Volunteer opportunities are available, please email: info@lanternlanefarm.org

We would be delighted to receive your help! Volunteers, including families, churches, school or employee groups are welcomed! Please contact us to schedule your group or to inquire how your student/family member can earn community service hours or participate in a Serve Day by volunteering with our non-profit organization! We'd love to hear from you!

Donations Appreciated!
Please visit lanternlanefarm.org/donation

With your gift to LLF, you become a champion for those in need. Your support makes it possible so that no one is ever turned away because they cannot afford therapy. Donations are accepted online or make checks to Lantern Lane Farm. Thank you!

To learn more or to schedule an appointment call 615.973.5454.
Please mention this brochure during your call.