



### Counseling for Males: Adults and Adolescents

Offering Virtual/Remote sessions as well as face-to-face meetings both in-room and outdoors.

Speak with your therapist or contact our Manager of Intake at 615.973.5454 if you are interested in working with horses or incorporating other experiential techniques to facilitate your healing.

Our therapists will meet you right where you are, providing non-judgmental, Christ-like care.

When you invest in yourself, you're also working to create better families and healthier communities.

Visit [LanternLaneFarm.org](http://LanternLaneFarm.org) for a full list of excellent **Therapists** and **Interns** to help you achieve your goals.

For More Information  
Call 615.973.5454

## Hours of Operation (by Appointment)



DAYS	HOURS
Monday	9am - 8pm
Tuesday	9am - 8pm
Wednesday	9am - 8pm
Thursday	9am - 8pm
Friday	9am - 8pm
Saturday	9am - 8pm
Sunday	Closed

We are a 501(c)3 non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

[LanternLaneFarm.org](http://LanternLaneFarm.org)  
[info@LanternLaneFarm.org](mailto:info@LanternLaneFarm.org)



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6201 Corinth Rd | Mt Juliet, TN 37122  
615.973.5454



### Therapy in a Countryside Setting!

Our private, on-farm setting is the perfect place to relax, recover and assemble skills that will allow long-term success and healing.

Sometimes its our love of sports, our passion for fitness, or our innate ability to motivate others that allows therapist and client to form a positive connection! Gaining momentum can involve tapping into a coaching mind-set to help you reach your goals.

We'll leverage our insight and skill-sets as we meet you where you are, regardless of your background or history. We empower men in their quest to overcome personal obstacles.

Our counselors are passionate about helping you become more effective husbands and individuals by providing tools for better communication, increasing understanding for the heart of your wife, confronting addictions, and providing better understanding of your own emotions.

*We empower men  
in their quest to overcome personal obstacles!*



### Begin Your Journey of Healing...

Common Counseling issues that may be part of the male journey include:

- Addictions/Recovery
- ADHD/Productivity
- Anger/Depression
- Coaching/Mentorship
- Divorce/Separation
- Faith/Spiritual
- Family Issues
- Fears/Phobias
- Grief/Loss
- Life/Work/Balance
- Marriage/Couples
- Parenting
- Pornography Addiction
- Stress Management
- Trauma/PTSD
- Video/Gaming Addiction

### Counseling allows individuals to explore feelings and beliefs to build upon your key strengths.

Lantern Lane Farm's therapists promote a safe, nonjudgmental and supportive environment. Restoration of hope and authentic living are within reach!

Seeking support isn't an indication of weakness or incapability. Getting an outside professional perspective might help you loosen some of the constraints you've placed upon yourself and help you create a plan to move forward.



We want to celebrate your successes with you. As you gain new knowledge and skills, you'll discover that you have the tools needed to live the happy, fulfilled life that you deserve!

To learn more or to schedule an appointment call 615.973.5454. Please mention this brochure when calling.